

SYLLABUS FOR THE POST OF GRADE IV COACH FOR THE SPORTS DISCIPLINE OF BADMINTON

Units	TOPICS
1	<p>1.0: History of Badminton & the developments so far</p> <p>1.1:Laws of Badminton and Officiating 1.2:Terminology</p> <p>1.3 : Competition Management: 1.3.1 : Making knock out Draw, 1.3.2 : Conducting League matches & Tie break</p> <p>1.4: Code of conduct for Coaches and Players</p>
2	<p>2:0: Basic Concepts: 2.1 : Philosophy of Coaching 2.2 : Basic qualities and knowledge Fields of a Badminton Coach 2.3 : Class organization and management 2.4 : Warming up & cooling down exercise for Badminton 2.5 : Basic Skills Training in Badminton & its methods</p> <p>2.8: Child Training: 2.8.1 : Basic Characteristics of Children 2.8.2 : Common mistakes made by the children</p>
3	<p>3.0 : Fundamental of Technique Teaching: 3.1 : Types of Grips and faulty Grips 3.2 : Teaching and Training of Basic strokes: 3.3 : Footwork: Traditional, Modern types, advantage of each methods</p>
4	<p>4.0 : Singles Game: 4.1 : Basic Training for singles 4.2 : Tactics of Singles Game</p>
5	<p>5.0 : Doubles Game: 5.1 : Basic Training for Doubles 5.2 : Basic Tactics in Doubles</p>
6	<p>6.0 : Mixed Doubles: 6.1 : Basic Training for Mixed doubles. 6.2 : Basic tactics in Mixed doubles</p>



Units	Topics
7	Court marking & Equipment maintenance
	Officiating: Rules & regulations
8	Physical Conditioning for Badminton
	Methods of teaching & Coaching: a) Basic Skills of Badminton: Teaching , Practice & Methods b) Class management & Organization c) Foot Work Training & Methods
	1. Organization of Multi shuttle drills for Basic level players 2. Organization of Shadow Practice for Basic level players 3. Singles Game : Basics 4. Doubles Game: Basics 5. Mixed Doubles: Basics
9	Teaching Lesson Plan for Badminton

